

## Free Classes for Women

If you are a lady age 14 or over and would like to learn or enhance your daily living skills, we have classes to assist you.

Class will meet each Tuesday evening from 6:30-8:00pm in the fellowship hall of the church.

Our Task At Hand 'Classic' is for young women age 14-30, and meets the first and third Tuesday.

Our Task At Hand 'Vintage' is for ladies 30 and over, and meets the second and fourth Tuesday.

We will soon offer a Task At Hand 'Treasured' for our senior ladies that will meet twice per month on Monday mornings

Onsite childcare is available for children age 0-11 years with prior reservations.



## Task at Hand Woman's Ministry

Calvary Baptist Church

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## Adult Daily Living Skills for Women

Task At Hand Ministries



Flora Calvary Baptist Church

Look For Us On Facebook!

## **Who we are:**

**We are a team of women of Flora Calvary Baptist Church that have begun a woman's ministry known as "Task At Hand" We base our philosophy from Titus 2:3-5 KJV Bible.**

**Our mission is to train younger women and support each other, by sharing the skills God has given us, and teach those skills to other women. Let us learn together to serve our families, serve others, care for our homes, and care for ourselves; whereby honoring God as a woman.**

## **What we are planning:**

**We prayerfully identified a need to teach and share life skills that are necessary to successfully establish relationships, care for our families, and homes, manage our finances, be productive members of our community, maintain health, plan, prepare and organize our lives.**

**Not everyone has had an opportunity to learn adult daily living skills in a supportive environment, therefore we want to stand in that gap and provide opportunity to all that want the opportunity to develop life skills.**

**We also recognize that at each season of life, those needs are different. We provide supportive development for each life stage.**

**This will be a casual environment, no cost for the class, and a great time for friendships. Please join us for one class or all of them!**

## **Topics to be covered:**

**Each week we will address different subjects. Here are only a few:**

**Self care (make-up, clothes, hair care, beauty, etc)**

**Health (staying healthy, being healthy, emergencies, first aid, etc )**

**Finances (checking, savings, cash flow, budgets ,etc)**

**Household (organization, cleaning, storage, food, menus, shopping, repairs, rent, buying, etc)**

**Life stages (growing up, growing older, dating, marriage, having children, raising children, empty nest, grandparenting)**

**Special occasions (wedding planning, anniversaries, birthdays, holidays, etc)**